



Heart Sense Research Institute - Bursary Fund

Application Form

Background:

This fund has been made available by kind support of generous benefactors to support anyone unable to access the HSRI's courses due to financial hardship; making the important work of the HSRI accessible to as many people as possible, enabling applicants to practice the Heart Sense approach in the world.

Please note that funding is available to applicants across the entire range HSRI's courses and events – see website here: www.heartsenseresearch.co.uk

Guidelines:

- It is important to the benefactors of the bursary fund that as many people as possible can benefit from bursary funding.
- Bursary applicants are therefore required to fill out a short application form, (see page 2), detailing what percentage of financial assistance would be required. This will then be assessed in relation to other applications received, funds remaining, etc. **You are strongly encouraged to apply, as we want to support as many people as possible** 😊
- If the total yearly funds have been allocated, applicants are encouraged to apply the following academic year.
- Applications will be treated on a first-come, first-served basis.

Commitment required of all bursary applicants:

- To attend every class session (before applying, applicants are asked to check talk/event/course dates and ensure that they are free to attend each session)
- To provide a short report/testimonial based on the experience of being a bursary-funded participant.

Desirable outcomes:

- Applicants are invited to consider the possibility of paying forward, in any small way, into the bursary fund for the following year as a way of supporting others - **it is the heart-focussed energy of paying forward that is most important in this context rather than the sum donated** ❤️

Data Protection:

The details of all parties involved with the bursary funding are covered by the Data Protection Act 2018.



Funding Application

Take a few minutes to drop into your heart. You might like to place your palm/palms over your heart and close your eyes. Take some deep breaths in and out of your heart-space. Focus your awareness within the wisdom of your heart. When you feel fully in your heart-space, please take your time to answer the following questions.

Name of applicant: _____

Course/event requiring funding (please note: if you are applying for a bursary for the [Heart Sense Level 2 Apprenticeship](#), you may need to complete a course application as well. Firstly, complete this form and return to Louise via the contact details given below and Louise will be in touch)

Listening deeply within your heart-space, how much funding do you require? (for example, 100%, 50%, 25% of course fee)

Further/relevant information to support your application:

By completing and signing this application, you agree that you will:

- Attend every class session (before applying, applicants are asked to check talk/event/course dates and ensure that they are free to attend each session)
- Provide a short report/testimonial based on the experience of being a bursary-funded participant at the end of the course/talk/event.

You also agree that you fully understand the bursary fund guidelines outlined above (page 1)



Signed _____ Date _____

Thank you so much for taking the time to apply for a Heart Sense Research Institute bursary and thank you for your interest in the Heart Sense Research Institute. Please email your application to Dr Louise Livingstone at louiselivingstone7777@gmail.com

Please note we will respond to your application within a maximum of two working weeks – or sooner if the event you are applying for is taking place less than two working weeks away.