



## Heart Sense Research Institute - Bursary Fund Application Form

### Background:

This fund has been made available by kind support of generous benefactors to support anyone unable to access the HSRI's courses due to financial hardship; making the important work of the HSRI accessible to as many people as possible, enabling applicants to practice the Heart Sense approach in the world.

*Please note that funding is available to applicants across the entire range HSRI's courses and events – see website here: [www.heartsenseresearch.co.uk](http://www.heartsenseresearch.co.uk)*

### Guidelines:

- It is important to the benefactors of the bursary fund that as many people as possible can benefit from bursary funding.
- Bursary applicants are therefore required to fill out a short application form, (see page 2), detailing what percentage of financial assistance would be required. This will then be assessed in relation to other applications received, funds remaining, etc. ***You are strongly encouraged to apply, as we want to support as many people as possible*** 😊
- If the total yearly funds have been allocated, applicants are encouraged to apply the following academic year.
- Applications will be treated on a first-come, first-served basis.

### Commitment required of all bursary applicants:

- To attend every class session (before applying, applicants are asked to check talk/event/course dates and ensure that they are free to attend each session)
- To provide a short report/testimonial based on the experience of being a bursary-funded participant.

### Desirable outcomes:

- Applicants are invited to consider the possibility of paying forward, in any small way, into the bursary fund for the following year as a way of supporting others - ***it is the heart-focussed energy of paying forward that is most important in this context rather than the sum donated*** ❤️

### Data Protection:

The details of all parties involved with the bursary funding are covered by the Data Protection Act 2018.

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## Funding Application

Take a few minutes to drop into your heart. You might like to place your palm/palms over your heart and close your eyes. Take some deep breaths in and out of your heart-space. Focus your awareness within the wisdom of your heart. When you feel fully in your heart-space, please take your time to answer the following questions.

**Name of applicant:** \_\_\_\_\_

**Course/event requiring funding** (please note: if you are applying for a bursary for the [Heart Sense Level 2 Apprenticeship](#), you may need to complete a course application as well. Firstly, complete this form and return to Louise via the contact details given below and Louise will be in touch)

\_\_\_\_\_

**Listening deeply within your heart-space, how much funding do you require?** (for example, 100%, 50%, 25% of course fee)

\_\_\_\_\_

**Further/relevant information to support your application:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**By completing and signing this application, you agree that you will:**

- Attend every class session (before applying, applicants are asked to check talk/event/course dates and ensure that they are free to attend each session)
- Provide a short report/testimonial based on the experience of being a bursary-funded participant at the end of the course/talk/event.

**You also agree that you fully understand the bursary fund guidelines outlined above (page 1)**



**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_

Thank you so much for taking the time to apply for a Heart Sense Research Institute bursary and thank you for your interest in the Heart Sense Research Institute. Please email your application to Dr Louise Livingstone at [louiselivingstone@heartsenseresearch.co.uk](mailto:louiselivingstone@heartsenseresearch.co.uk)

Please note we will respond to your application within a maximum of two working weeks – or sooner if the event you are applying for is taking place less than two working weeks away.